

HAVING A MARY SPIRIT

GROUP ACTIVITY: RX FOR FEAR (15 MINUTES)

NEED: Prescription bottles. Print sheet of verses for each woman [on next page] as well as the prescription label available for download here: ([Avery #5395 name badge](#)). Provide plenty of scissors and tape.

INSTRUCTION: Have women place the label on their bottle then cut the verses into long strips. Rolling them up into a tight bundle, have them secure the “verse pills” with tape and place them into the bottle. “Take as needed” – that’s the prescription for the Word of God!

Having a Mary Spirit RX for FEAR	10000 Promises of God City of God, Heaven Phone: 1-800-PRA-YERS
RX# 164774	Dr. JESUS, Healer
TAKE ONE PROMISE EVERY DAY – more as needed	
WORD OF GOD, 1000 MG	
UNLIMITED REFILLS – Until Eternity	

VERSES: RX FOR FEAR

<p>Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. (Luke 12:32 NIV)</p>
<p>The angel of the LORD encamps around those who fear him, and he delivers them. (Psalm 34:7 NIV)</p>
<p>So don't be afraid; you are worth more than many sparrows. (Matthew 10:31 NIV)</p>
<p>Serve only the Lord your God and fear him alone. Obey his commands, listen to his voice, and cling to him. (Deuteronomy 13:4 NLT)</p>
<p>So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10 NIV)</p>
<p>This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go. (Joshua 1:9 NLT)</p>
<p>But even if you suffer for doing what is right, God will reward you for it. So don't worry or be afraid of their threats. (1 Peter 3:14 NLT)</p>
<p>When I am afraid, I put my trust in you. (Psalm 56:3 NIV)</p>
<p>In God, whose word I praise— in God I trust and am not afraid. What can mere mortals do to me? (Psalm 56:4 NIV)</p>
<p>They do not fear bad news; they confidently trust the Lord to care for them. (Psalm 112:7 NLT)</p>
<p>He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection. (Psalm 91:4 NLT)</p>
<p>Do not tremble; do not be afraid. Did I not proclaim my purposes for you long ago? You are my witnesses—is there any other God? No! There is no other Rock—not one! (Isaiah 44:8 NLT)</p>
<p>I, am the one who comforts you. So why are you afraid of mere humans, who wither like the grass and disappear? Isaiah 51:12 NLT</p>

But Jesus overheard them and said to Jairus, "Don't be afraid. Just have faith."
(Mark 5:36 NLT)

Even though I walk through the darkest valley, I will fear no evil, for you are with me
(Psalm 23:4 NIV)

Then he placed his right hand on me and said: "Do not be afraid. I am the First and the Last. (Revelation 1:17 NIV)

And my God will meet all your needs according to his glorious riches in Christ Jesus"
(Philippians 4:19 NIV)

Do not be afraid of them; the LORD your God himself will fight for you.
(Deuteronomy 3:22 NIV)

Don't be afraid of those who want to kill your body; they cannot touch your soul. Fear only God, who can destroy both soul and body in hell. (Matthew 10:28 NLT)

Jesus told him, "Don't be afraid; just believe." (Mark 5:36 NIV)

Say to those with fearful hearts, "Be strong, and do not fear, for your God is coming to destroy your enemies. He is coming to save you.")Isaiah 35:4 NLT)

Fear not; you will no longer live in shame. Don't be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth and the sorrows of widowhood. (Isaiah 54:4 NLT)

Fearing people is a dangerous trap, but trusting the Lord means safety.
(Proverbs 29:25 NLT)

Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God" (Psalm 42:5)

For the Lord your God is living among you. He is a mighty savior. He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs. (Zephaniah 3:17 NLT)

I can do everything through him who gives me strength. (Philippians 4:13 NIV)

For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship. And by him we cry, "Abba, Father."
(Romans 8:15-16 NIV)